

FUNCTIONAL INTEGRATED NEEDLING FOR PAIN MANAGEMENT

3 DAY INTENSIVE WORKSHOP

TOPIC AND LEARNING ACTIVITY	TIME
INTRODUCTION <ul style="list-style-type: none">• Program goal, expectations,• Background: historical overview of needling and recent research evidence of efficacy, indications• Physiology of dry needling• Overview of integrative dry needling system	2 HOURS
THE MECHANICS OF PAIN <ul style="list-style-type: none">• Neurophysiological explanation of nociception	1 HOUR
WHAT IS FUNCTIONAL INTEGRATED NEEDLING <ul style="list-style-type: none">• Description of needling modalities to be used	.5 HOURS
MECHANISMS OF DRY NEEDLING <ul style="list-style-type: none">• Local and central effects	1 HOUR
SAFETY ISSUES AND POSSIBLE REACTIONS <ul style="list-style-type: none">• Overview of most common safety issues and relation to prevention and clinical practices• Contraindications	1 HOUR
NEEDLING TECHNIQUES AND ETIQUETTE <ul style="list-style-type: none">• Review of proper needle handling and clean needling insertion techniques	1 HOUR
PALPATION AND NEEDLE INSERTION PRACTICE <ul style="list-style-type: none">• Trigger point palpation and needle insertion practice	1 HOUR
HOMEOSTATIC TARGET LOCATION AND NEEDLE PRACTICE <ul style="list-style-type: none">• 17 peripheral nerve target location and insertion	2 HOURS
PARAVERTEBRAL NEEDLING <ul style="list-style-type: none">• Needle insertion at lumbar region	.5 HOURS
TRIGGER POINT NEEDLING: LOCATION AND INSERTION PRACTICE <ul style="list-style-type: none">• Face• TMJ• Neck• Shoulder• Low Back• Hip• Knee• Ankle• Foot	13 HOURS
COURSE REVIEW AND LEARNER TESTING/FINAL EXAMINATION (THEORY AND PRACTICAL)	1 HOUR

CONTACT US
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PLEASE FEEL FREE TO CONTACT US IF YOU HAVE ANY QUESTIONS REGARDING PERQUISITE REQUIREMENTS, COURSE SUITABILITY, OTHER QUESTIONS, OR IF YOU'RE INTERESTED IN A TAILOR-DELIVERED COURSE FOR YOUR TEAM OR CLINIC.